Thank you for reviewing the PowerPoint presentation on phantom limb pain. Please take a few minutes to answer the following questions based on what you have learned. Please attempt to complete the test without referring back to the slides; however, the slides may be used as a guide if necessary. When finished, please click on the link at the bottom for the answers.

- 1. A patient experiences paresthesia, dysesthesia, and hyperpathia in the missing limb. This refers to which one of the following:
  - 1) Phantom limb pain
  - 2) Phantom limb sensation
  - 3) Residual limb pain
- 2. Which of the following is not a common contributing factor of phantom limb pain:
  - 1) Pain Memory
  - 2) Psychosocial factors
  - 3) Systemic diseases
  - 4) Musculoskeletal comorbidities
- 3. Cortical reorganization in the somatosensory and motor cortices are examples of CNS changes associated with phantom limb pain

True or False

- 4. List the outcome measures designed specifically for phantom limb pain.

  There are no specific outcome measures for phantom limb pain; however, several generic pain scales have been validated to use with this patient population such as the numerical pain scale, visual analog scale, and the McGill Pain Questionnaire.
- 5. Describe the set-up of mirror therapy and how it affects phantom limb pain.
- 6. Which is not a common treatment for phantom limb pain?
  - 1) Prosthetic training
  - 2) Phantom exercise
  - 3) Application of heat
  - 4) Sensory discrimination
- 7. All types of family support are associated with decreases in phantom limb pain.

True or False

Click here for answer key