Assessment of patient understanding of BPPV education. Ask the following questions and listen to patient responses:

What is Benign Paroxysmal Positional Vertigo (BPPV)?
Is BPPV life-threatening?
How do I know if I have BPPV or if I am having a stroke?
What do I need to do?
How is BPPV treated?
Can medicine fix BPPV?
Can BPPV get better on its own?
Can BPPV come back?
What causes BPPV?

What do I do after I am treated for BPPV?

Why is it important for me to do this?

Also ask the patient:

Does the BPPV handout answer all of your questions about the diagnosis?

Do you have any suggestions about how to make the handout better?