

Evaluation Form for Capstone Materials developed by Lauren Suggs

Please provide feedback about the following materials:

1. Home-Based Exercise Program (DVD)

- a. Components of the exercise program (i.e. exercises included; intensity, frequency, and duration of exercises; order of exercises; etc.)

Comments:

- b. Safety (i.e. would you feel comfortable distributing this DVD to a patient for home use?)

Comments:

- c. Instructions included before and during the workout portion of the video (i.e. are instructions thorough and easy to understand?; minimal use of technical jargon; etc.)

Comments:

- d. Video quality (i.e. sound, transitions, etc.)

Comments:

- e. Clinical usefulness (i.e. practicality and value of product for clinical use)

Comments:

2. Educational Handout

- a. Content (i.e. type and amount of information included)

Comments:

- b. Readability (i.e. appropriate reading level, minimal technical jargon, layout, size and color of font, etc.)

Comments:

- c. Relevance to video (i.e. does the handout complement the video well?)

Comments:

- d. Clinical usefulness (i.e. practicality and value of product for clinical use)

Comments: