

- ✓ Shortness of breath
- ✓ Swelling in ankles or legs
- ✓ Weight gain or loss
- ✓ Swollen or tender stomach
- ✓ Loss of appetite
- ✓ Chest or arm pain
- ✓ Dizziness
- ✓ Constant lack of energy

Make an appointment with your doctor if you have 1 or more of these symptoms!

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Heart Failure
Symptom "Check" Card

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