**In-Service EVALUATION FORM**

***Summary of Feedback from the 10 Therapists who Participated***

***Presented to: Harnett Health Physical Therapy Department***

**Date of presentation: March 18, 2014 (Betsy Johnson Memorial Hospital/ Harnett Health)**

**Instructor Name; Michelle Green, MS, PT**

**Course Title: COPD: Live Better, Breathe Better: Maximizing the Interventions in the management of COPD**

**We are eager to hear your opinion. Please use the scale below to grade the following areas:**

 ***Lowest Highest Not Apply***

**How would you rate the speaker for this presentation**? 1 2 3 4 5-10 n/a

*Presenter was interesting and made the information useful*

*Great presenter*

**Was the instructor knowledgeable in the subject matter?** 1 2 3 4-1 5-9 n/a

*Great review of COPD*

*Useful, related background information*

**Was the material presented clearly?** 1 2 3 4 5-10 n/a

**Was the handout material beneficial**? 1 2 3 4 5-10 n/a

**Was the style of presentation useful for learning?** 1 2 3 4 5-10 n/a

*The example with the balloon was WONDERFUL*

*Used different styles of teaching, not just talking or power point*

*Good group work*

**Did the presentation meet your expectations?**  1 2 3 4 5-10 n/a

*Far better than expected*

**Did the presentation provide an appropriate level of**

 **theory, skill and/or technique?**  1 2 3 4-1 5-9 n/a

*Research articles were useful*

*Thanks for information on outcome meaures*

**Were the course objectives met?** YES-10 NO

**Was evidence provided to substantiate material presentation**? YES-10 NO

**Were personal experience and observation the primary**

 **source of information?**  YES NO-10

*Please provide any additional comments you feel would be useful to facilitate improvement in this course.*

***COMMENTS:***

*The handouts for the patients are great, we will use them!*

*This will help us in cardiac rehab too, because we have so many COPD patients*

*Thanks for including the statistics on Harnett County, it made it very personal and relevant*

*Great presentation!*

SELF ASSESSMENT:

 Overall the feedback was good. I feel I met the goal of making the information interesting and useful. Several participants commented on how easy it was to understand. The group had very dynamic discussions regarding application of the information and I feel, from that discussion, they displayed understanding of the knowledge presented. It may have been helpful to give a pre and post-test to officially determine if learning occurred as a result of the presentation.

 It is likely that more background information regarding COPD would have been helpful, however, with the short time I had, I chose to focus on application to meet my goal of immediate integration into practice. Based on their feedback, I feel the lack of background didactic information was not missed by the participants.

 I did a fun demonstration where all participants were included. First, they attempted to blow up a long, skinny balloon. They discussed how it felt. Some were encouraged to march in place while doing it to exaggerate the feeling of breathlessness. Then, they were given a larger, more flexible balloon to blow up. The discussion then followed about the difference and how this related to the feeling of dyspnea experienced by persons with COPD and why modification of the structure (the rib cage) would be beneficial for reducing dyspnea- the leading cause of limited activity tolerance. I feel this made a large impact on the audience.

 In the future, I would include more pathophysiology to enhance understanding of the respiratory system, but, overall, my goals were met with this in-service and the above feedback supports the benefit of the in-service to this group.