

EVALUATION FORM

Rate each item from 1 to 5 where 1 is strongly disagree and 5 is strongly agree.

ORGANIZATION

5 My interest was quickly engaged

5 The introduction gave me a clear idea of the topic

4.5 The introduction gave me a clear idea of the direction the presentation would take

5 I could easily follow the main points of the presentation

5 The order in which the points were presented made sense to me

5 The conclusion did a good job of summarizing the content of the presentation

CONTENT

5 The points made were well supported

5 I was convinced by the speaker's presentation

5 The presentation made me interested in learning more about this subject

5 The exercise demonstrations were beneficial

DELIVERY

5 The presenter spoke clearly

5 The presenter used a range of intonation, helping engage my attention

5 The presenter made effective use of hand and body gestures

5 I felt the presenter was engaged with the audience

OVERALL COMMENTS

What did you like best about the presentation?

- Very appropriate for the swim group
- Exactly what we needed
- Practical application of exercises (was able to practice the exercises so I know how it should feel)

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What areas might you suggest for improvement?

- A little more of the “why” to the swimmers- this aspect was great in the presentation to the coaches
- A little more time to go through the exercises- will enjoy having help/feedback as we start to work with the swimmers