**Live Better…. Breathe Better**

***Maximizing the role of Therapy in the management of persons with COPD***

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**Harnett County 2012 (<http://www.schs.state.nc.us/SCHS/data/databook/>)**

**Cases COPD: 407**

**Total Cost of Care: $8,680,310**

**LOS: 4.6 days**

**Cost Per Day $4,684**

**Cost Per Case: $21,328**

**WHAT DO WE KNOW???**

**What is the biggest complaint of a person with COPD?**

**In which Age Group does COPD show up as one of the top three causes of mortality in Harnett County?**

**Current Standard of Treatment/CASE STUDY- Repeat at end of inservice**

Patient is a 50 year-old male, works as accountant. Presents with diagnosis of COPD exacerbation in the acute care hospital. Independent with mobility normally, however, over past two weeks, SOB worsened and has not been walking much, came in because he was increasing SOB and was not able to get around his home. Only other co-morbidity is obesity and smoking. You receive orders in acute care ‘PT eval/treat”. What will you do your first visit, what will be the focus?

NOTES:

**Recommended Functional Outcome Measures for COPD:**

**6 Minute Walk Test (6MWT)**

Can be found on REHAB MEASURES:

<http://www.rehabmeasures.org/Lists/RehabMeasures/DispForm.aspx?ID=895>

(endurance, functional activity performance, cardiorespiratory support)

**Five Time Sit to Stand Test (FTSST)**

Can be found on REHAB MEASURES:

<http://www.rehabmeasures.org/Lists/RehabMeasures/DispForm.aspx?ID=1015>

( strength, balance, functional activity performance)

**Chronic Respiratory Disease Questionnaire**

Can be found at REHAB MEASURES:

<http://www.rehabmeasures.org/Lists/RehabMeasures/PrintView.aspx?ID=1018>

(quality of life assessment)

RESOURCES:

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