**Participant Evaluation Form**

Please circle or underline the most appropriate response for each statement:

**Feedback for the Bike Fit and Knee Pain in Cyclists Presentation (by Morven Ross)**

1. After this presentation, I have increased my understanding of the importance of an individualized bike fit.

(Strongly Agree, Agree, Neutral, Disagree)

1. After this presentation, I have increased my knowledge and understanding of the kinetic chain and its relationship to bike fit.

(Strongly Agree, Agree, Neutral, Disagree)

1. After this presentation, I have increased my understanding of the relationship of bike fit to knee pain in cyclists.

(Strongly Agree, Agree, Neutral, Disagree)

1. After this presentation, I have increased my knowledge of the basic causes and different components of bike fit that can contribute to knee pain and injury in cyclists.

(Strongly Agree, Agree, Neutral, Disagree)

1. After this presentation, I have increased my knowledge of the different modifications that can be made to the bike to manage and prevent knee pain and injury in cyclists.

(Strongly Agree, Agree, Neutral, Disagree)

1. The presenter was able to identify with the audience and connect with them meaningfully about the topic.

(Strongly Agree, Agree, Neutral, Disagree)

1. Overall, this presentation was easy to follow and understand and was appropriate in length and content.

(Strongly Agree, Agree, Neutral, Disagree)

1. Overall, I found this presentation beneficial.

(Strongly Agree, Agree, Neutral, Disagree)

1. Please provide any additional comments you may have regarding the presentation such as areas to improve, things that were beneficial, things that were confusing, information you would like to see included in the future.
2. Please provide your thoughts or suggestions on information to include or not include in the upcoming TrySports article.