**Stuffed Animals**

**Needed:**

* Clean stuffed animals or resident’s own stuffed animal.
* Chair for resident if needed.

**Reason:**

* Hand and arm motion.
* Soft stuffed animal provides sensory/touch stimulation.
* Can provide a calming and comforting effect.

**Directions For Staff:**

* Hand the stuffed animal to the resident.
* Ask the resident questions about the stuffed animal:
  + Have you seen an animal like this in real life?
  + Did you ever have an animal like this as a pet?
  + How does the stuffed animal feel?
* Encourage the resident to hug and hold the stuffed animal.
* Launder the stuffed animal before giving it to another resident for this activity.