

| Organization | Description | Contact Information |
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| Special Olympics: Orange County | <p>Special Olympics has sports training and competition in a variety of sports for children and adults with intellectual disability.</p> <p><u>Community-Based Programs</u></p> <ul style="list-style-type: none"> • Fall – soccer, cycling, bocce, golf, tennis • Winter – basketball, skiing • Spring – softball, track, swimming • Summer – swimming, equestrian <p><u>School-Based Programs</u> – offered to students in self-contained special education classrooms in Orange County and Chapel Hill/Carrboro City schools</p> <ul style="list-style-type: none"> ○ Fall – swimming ○ Spring – bowling | <p>Website: http://sooc.org/ Office Address: 200 Plant Road Chapel Hill, NC 27514 Telephone: (919) 968-2810 Fax: (919) 932-2923 Community-Based Programs: Colleen Lanigan Office: 919-968-2810 Fax: 919-932-2923 clanigan@townofchapelhill.org</p> |
| Town of Chapel Hill Adapted Recreation | <p>The town of Chapel Hill Parks and Recreation offers activities to become more active. There are adapted recreation activities along with other resources are available for individuals with special needs.</p> <p><u>Adapted Recreation Activities:</u></p> <ul style="list-style-type: none"> • Adaptive Aquatics • BikeAbility • Friday Fun Nights <p><u>Additional Fitness Opportunities:</u></p> <ul style="list-style-type: none"> • Kidokinetic Preschool Sports & Fitness • Tae Kwon Do • Shotokan Karate • Zumba • Young Champions Self Defense • Open Table Tennis • Tennis • Baseball/softball • Dance • Basketball | <p>Website: http://townhall.townofchapelhill.org/parks_rec/ Office Address: 200 Plant Road Chapel Hill, NC 27514 Contact Person: Marian Kaslovsky Telephone: (919) 968-2787 ext. 217 Email: mkaslovsky@townofchapelhill.org</p> |
| NC Therapeutic Riding Center | <p>The North Carolina Therapeutic Riding Center seeks to provide children and adults with special needs an opportunity to live a more active, healthier, and more fulfilling lives through activities with horses.</p> | <p>Website: http://www.netcriders.org/ Address: 4705 Nicks Road Mebane, NC 27302 Telephone: (919) 304-1009 Fax: (919) 869-1410</p> |

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| The Miracle League of the Triangle | The Miracle League of the Triangle wants to create great experiences for children and adults with special needs through baseball. Anyone over the age of five with a diagnosed disability can play. | Website: http://miracleleagueofthetriangle.com/ Address: Miracle League of the Triangle PO Box 4193 Cary, NC 27519 Telephone: (919) 238-0333 |
| Bridge II Sports | At Bridge II Sports, children and adults with physical disabilities have the opportunity to building confidence and self-esteem through sports. Bridge II Sports helps individuals of all ages and abilities participate in team and individual sports. Sports include: <ul style="list-style-type: none"> • Archery • Basketball • Boccia • Cycling • Fishing • Golf • Kayaking • Sitting Volleyball • Tennis • Track and Field | Website: http://www.bridge2sports.org/ Address: 4122 Bennett Memorial Road, Suite 105 Durham, NC 27705 Telephone: (866) 880-2742 Email: admin@bridge2sports.org |
| Triangle Swim School | Swimming classes are offered for children with certain disabilities including children with high functioning autism. The sessions are offered as private classes only. | Website: http://www.trianglswimschool.com/classes/special-needs/ Address: <ol style="list-style-type: none"> 1. Triangle Swim School in Cary at O2 Fitness 280 Towerview Court Cary, NC 2. Triangle Swim School North Raleigh 6210 Plantation Center Dr Raleigh NC Telephone: (919) 977-5362 |
| Healthy Lifestyles Program At Duke | The Healthy Lifestyles Program at Duke aims to address obesity through a family-centered treatment program. Treatment includes: <ul style="list-style-type: none"> • Medical services • Diet recommendations • Physical therapy visits • Behavioral specialist | Website: http://www.dukechildrens.org/services/nutritional_disorders_and_obesity Address: 4020 N. Roxboro Street Durham, NC 27704 Telephone: (919) 620-5356 Email: healthylifestyles@duke.edu |