

Foot Screen

Name: _____ Date: _____

MR# _____

Lumbar	Lumbar ROM	Normal Pain Y/N _____	Limited: flex / ext / sidebend R / sidebend L Directional Preference Y/N _____	
	Patellar (L3) Reflex	Normal R / L	Hyperreflexive R / L	Hyporeflexive R / L
	Achilles (S1) Reflex	Normal R / L	Hyperreflexive R / L	Hyporeflexive R / L
	Sensation	Intact R / L	Abnormal:	
	Slump Test	Normal R / L	Abnormal R / L:	
	Straight Leg Raise (spine)	Normal R / L	Abnormal R / L:	
<input type="checkbox"/> Lumbar Screen Negative <input type="checkbox"/> Positive Comments:				

Standing	Pelvic Alignment	Normal	Malalignment:				
	Knee	Normal R / L	Valgus R / L	Varus R / L	Recurvatum R / L		
	Patella	Normal R / L	Medial R / L	Lateral R / L	Alta R / L	Infera R / L	
	Tibia Orientation	Normal R / L	Valgus R / L	Varus R / L			
	Rearfoot:Leg Orientation	Normal R / L	Valgus R / L	Varus R / L			
	Longitudinal Arch	Normal R / L	Flat R / L	High R / L			
	Navicular Drop Test	Normal R / L	Excessive Inferior Displacement R / L				
	Medial Talar Bulge	Normal R / L	Pronounced R / L				
	Foot	Normal R / L	Pronated R / L	Supinated R / L			
	Gastroc/Soleus Strength	# Heel Raises R _____			# Heel Raises L _____		
	Single Leg Stance	R _____ sec			L _____ sec		
	Bilateral Squat	<input type="checkbox"/> Normal		<input type="checkbox"/> Abnormal:			

Sitting	Patella	Normal R / L	Medial R / L	Lateral R / L	Alta R / L	Infera R / L
	Arch Height	Normal R / L	Increased R / L		Decreased R / L	
	Forefoot Mobility	Normal R / L	Hypermobile R / L		Hypomobile R / L	

Supine	Hamstring Extensibility (90-90)	Normal R / L	Restricted R / L			
	Hip Flexor Extensibility (Thomas Test)	Normal R / L	Restricted R / L			
	Leg Length Inequality	Normal R / L	Malalignment R / L:			

Prone	Triceps Surae Extensibility	Normal R / L	Restricted R / L			
	Rearfoot Mobility	Normal R / L	Hypermobile R / L	Hypomobile R / L		
	Forefoot:Rearfoot Alignment	Normal R / L	Valgus R / L	Varus R / L		
	Tibial Torsion	Normal R / L	Internal R / L	External R / L		
	Craig Test	Normal R / L	Antetorsion R / L	Retrotorsion R / L		

Palpation/Other Comments:

