I give my upmost thanks and appreciation for your willingness to participate in this ANONOMOUS survey. Your personal opinions, clinical rationale, constructive feedback, ideas and/or recommendations are encouraged and carry great value to build an open culture of interdisciplinary communication and collaboration in providing optimal care for patients at SMH.

This project is the culmination of my capstone for my DPT degree at UNC Chapel-Hill. I chose to follow up on my experience developing an early mobility protocol in the ICU here at SMH, and identify what it takes to sustain and promote a culture of early mobility throughout all units at SMH as well as alternate inpatient settings in the future. With my review of the literature in this area and feedback received from SMH staff I will put together an educational power point presentation for faculty and students at UNC and if you like at SMH.

**Purpose:**

* Obtain objective and subjective information on the overall awareness and health literacy regarding early mobility protocols and associated benefits
* Obtain Subjective information from SMH employees to assist in the follow-up assessment regarding interdisciplinary mobility team/program/protocol implemented at SMH July, 2013
* Consideration of barriers, benefits, feasibility, safety, and necessary resources most suited to enable effective early rehabilitation interventions in small rural hospitals such as SMH

.

SURVEY QUESTIONS

1. Are you from Scotland County or surrounding counties? **YES NO**

* If no, how did you learn about Laurinburg NC and SMH?

1. Are you currently a **full- time** or **part-time** employee at SMH**?** (circle one)

Length of employment as of todays date at SMH mos/years?

1. Are you a contracted employee or traveling healthcare professional? **YES NO**
2. Place Vertical mark corresponding with your current knowledge and clinical experience pertaining to Hospital- Related Weakness or Post-Intensive Care Syndromes and their effect on long-term patient outcomes (independent mobility/mental-health/cognitive function) following discharge from the ICU

**None 1st hand experience**

1. Place a vertical mark corresponding with your current knowledge pertaining to implementation of early mobility protocols within inpatient hospital settings

**None 1st hand experience**

1. Place a vertical mark indicating your level of interest in receiving additional information regarding early mobility implementation within rural, not-for-profit hospitals

**None Large Interest**

Interprofessional coordination as to providing skilled early mobility interventions at SMH would improve patient functional status and enhance short-term and long-term patient outcomes

**Not important Imperative**

1. Place a vertical mark indicating your comfort level with providing adequate assistance as an interdisciplinary team member during functional mobility activities while with PT (bed or chair transfers, or upright standing posture, ambulation)

**No Comfort Total Mastery**

1. Please list what you think are the top 3 barriers to consistent, timely mobilization of patients during their stay at SMH.
2. Please list 3 things you believe would facilitate consistent and timely mobilization of patients during their stay at SMH?
3. What is your personal opinion regarding increased family member involvement and assistance with non-skilled aspects of patient care such as position changes, PROM or AROM, ambulation (as indicated by PT) Place a vertical mark below indicating your opinion.

**Not indicated Integral 4 success**

1. If not early mobility, list any other resources/equipment are you aware of that could be used to decrease onset of secondary conditions such as hospital related weakness associated with prolonged bed-rest during hospital stay.
2. Do you feel that improving availability and accessibility of community resources such as health promotion programs, within Scotland County, would be valuable to help your patients recover function and maintain improvements regarding health-related quality-of-life?

15. Any other comments you’d like to share?