

POSTERIOR LEAF SPRING AFO (PLSO)

DAFO 3.5 AND FLEXISPORT

Assists

Swing clearance¹

Medial/lateral foot stability^{11,12}

Resists

Foot slap¹

Plantarflexion¹

Dorsiflexion¹

Knee hyperextension^{11,12}

Crouch gait^{11,12}



PLSO

Indications

Foot drop¹

Mild peroneal palsy¹

Cerebral palsy⁸

❖ Crouch gait

❖ Knee hyperextension

Toe walking^{11,12}

Knee hyperextension^{11,12}

Inconsistency in swing phase¹²

High tone pronation/supination¹⁹



HINGED AFO

DAFO TAMI2

Assists

Swing¹

Foot/ankle M/L stability¹

*Dorsiflexion⁸

Allows

DF¹

Advancement of contralateral limb¹

Swing clearance¹



Resists

Plantarflexion⁷

Foot drop¹

Excessive
pronation/supination⁷

Knee hyperextension⁷

HINGED AFO

Indications

Mild foot drop¹

Spastic/hemiplegic CP^{6,8}

Toe walking⁹

Mild to mod genu recurvatum¹

Mod to severe M/L instability of foot/ankle¹

Dynamic equinus deformity⁸

