# Pre- /Post- Test

Initials \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please circle which test this is: Pre or Post

1. Approximately, how many people are affected with low back pain in the US yearly?
	1. ½
	2. 1/3
	3. ¼
	4. 1/5
2. What are the 3 sources of pain perception?
	1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. T/F There is an association between low back pain and the psychosocial behaviors anxiety and depression.
4. Name 3 respiratory disorders that have an association with low back pain.
	1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Which of the following is a primary muscle of exhalation?
	1. Sternocleidomastoid
	2. Diaphragm
	3. Latissimus Dorsi
	4. Abdominals