**Visual Gait Tool\***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Left** | | | **Frontal View** | **Right** | | |
| Narrow | Neutral | Wide | ***Step Width*** | Narrow | Neutral | Wide |
| Abducted | Neutral | Cross-over | ***Arm Mvmt*** | Abducted | Neutral | Cross-over |
| Ipsi | Neutral | Contra | ***Trunk Rotation*** | Ipsi | Neutral | Contra |
| Hip drop | Neutral | Hip hike | ***Hip Stability*** | Hip drop | Neutral | Hip hike |
| Valgus | Neutral | Varus | ***Knee Alignment*** | Valgus | Neutral | Varus |
| Supinated | Neutral | Pronated | ***Midstance pronation*** | Supinated | Neutral | Pronated |
|  |  |  |  |  |  |  |
|  |  |  | **Lateral Plane** |  |  |  |
| Limited | Optimal | Increased | ***Vertical Displacement*** | Limited | Optimal | Increased |
| Anterior | Neutral | Posterior | ***Arm Mvmt*** | Anterior | Neutral | Posterior |
| Fwd tilt | Neutral | Bkwd tilt | ***Torso Orientation*** | Fwd tilt | Neutral | Bkwd tilt |
| Lordosis | Neutral | Flat | ***Lumbopelvic posture*** | Lordosis | Neutral | Flat |
| Limited | Normal | Severe | ***Hip extension @ Toe Off*** | Limited | Normal | Severe |
| Limited | Normal | Excessive | ***Knee flexion Swing*** | Limited | Normal | Excessive |
| Limited | Normal | Excessive | ***Knee Flexion Stance*** | Limited | Normal | Excessive |
| Heel | Midfoot | Forefoot | ***Foot Strike pattern*** | Heel | Midfoot | Forefoot |
| In front of COM | Under COM |  | ***Landing pattern*** | In front of COM | Under COM |  |