**Visual Gait Tool\***

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| --- | --- | --- |
| **Left** | **Frontal View** | **Right** |
| Narrow  | Neutral  | Wide | ***Step Width*** | Narrow  | Neutral  | Wide |
| Abducted  | Neutral  | Cross-over | ***Arm Mvmt*** | Abducted  | Neutral  | Cross-over |
| Ipsi  | Neutral  | Contra | ***Trunk Rotation*** | Ipsi  | Neutral  | Contra |
| Hip drop  | Neutral  | Hip hike | ***Hip Stability*** | Hip drop  | Neutral  | Hip hike |
| Valgus  | Neutral  | Varus | ***Knee Alignment*** | Valgus  | Neutral  | Varus |
| Supinated  | Neutral  | Pronated | ***Midstance pronation*** | Supinated  | Neutral  | Pronated |
|  |  |  |  |  |  |  |
|  |  |  | **Lateral Plane** |  |  |  |
| Limited  | Optimal  | Increased | ***Vertical Displacement*** | Limited  | Optimal  | Increased |
| Anterior  | Neutral  | Posterior | ***Arm Mvmt*** | Anterior  | Neutral  | Posterior |
| Fwd tilt  | Neutral  | Bkwd tilt | ***Torso Orientation*** | Fwd tilt  | Neutral  | Bkwd tilt |
| Lordosis  | Neutral  | Flat | ***Lumbopelvic posture*** | Lordosis  | Neutral  | Flat |
| Limited  | Normal  | Severe | ***Hip extension @ Toe Off*** | Limited  | Normal  | Severe |
| Limited | Normal | Excessive  | ***Knee flexion Swing*** | Limited  | Normal | Excessive  |
| Limited  | Normal | Excessive | ***Knee Flexion Stance*** | Limited | Normal | Excessive  |
| Heel  | Midfoot  | Forefoot | ***Foot Strike pattern*** | Heel  | Midfoot  | Forefoot |
| In front of COM |  Under COM |  | ***Landing pattern*** | In front of COM |  Under COM |  |