

Pre Survey

Which of the following best describes the setting in which you practice Neurology (choose most prominent):

- Outpatient/Private Practice Other: _____
- Hospital

On average, do you see more than 5 patients with MS per week?

- Yes No

In your current practice, approximately what percentage of patients with MS do you refer to physical therapy?

- 0-10% 11-25% 26-50% 51-75% 76%-100%

For what reasons do you refer patients for physical therapy (check all that apply):

- Fall Risk (balance deficits) Management of Heat Sensitivity
- Patient report of falls Fitting for Assistive Device
- Fatigue Management Development of Wellness Program
- Spasticity Management Strength training
- Gait or Mobility Training

If you do not refer patients with MS to physical therapy, what are the main reasons (check all that apply):

- I'm not aware of a local physical therapist that has knowledge of intervention for individuals' with MS
- I do not think physical therapy is relevant to patient needs
- The patient is newly diagnosed and is not in need of physical therapy at that point.
- I do not think physical therapy will assist patient given MS diagnosis
- I think pharmacological management will alleviate any adverse symptoms
- Patient will have difficulty with fatigue given physical demands of physical therapy interventions.
- I am concerned that the patient may not have accessibility to financial resources to cover PT or they do not have transportation for frequent PT visits
- The patient has plenty of other resources for exercise and should save physical therapy visits in case there is a relapse.

Please return this form to UNC Physical Therapy table near registration.

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Post Survey

After reading these evidence-based handouts, I will consider increasing the number of MS patients referred to physical therapy (please circle one):

Yes

No

The handout influenced my perception, knowledge and/or awareness of the role of physical therapy in reducing falls risk in people with MS (please check one):

Yes

No

The handout influenced my perception, knowledge and/or awareness of the role of physical therapy in managing symptoms in MS (please check one):

Yes

No

After reading these evidence-based handouts, check ALL reasons you might consider referring to physical therapy, including all new reasons:

Fall Risk (balance deficits)

Fitting for Assistive Device

Patient report of falls

Development of Wellness Program

Fatigue Management

Strength Training

Spasticity Management

None: the handout did not influence my opinion at this point

Gait or Mobility Training

Management of Heat Sensitivity

Would you be interested in more information on physical therapy or listings of physical therapists in your area?

Yes

No

Comments: _____

-----**OPTIONAL**-----

Name: _____ Email address: _____

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