

# BENEFITS OF MOBILE CLINICS

## INTERVENTION INTO PRESENTEEISM <sup>1</sup>



### Biggest issues for workplace health interventions:

1. Maintaining high participation rates
2. Maintaining impact over time

### Solutions to these issues:

1. Bring the intervention directly to employees, leading to less barriers to treatment
2. Focus on pain reduction and strategies to improve work tolerance
3. Support from employers can improve participation, reduce symptoms, and reduce presenteeism

## MOBILE PT MODEL: <sup>2-9</sup>



### Intervene earlier by providing on-site care

Mobile health clinics save on average \$1,600 per visit due to prevention of future health care treatment needs  
The longer a patient is away from work, the more difficult the return to work is. The earlier the care is initiated, the less likely they are to miss work



### Save money compared to a traditional clinic

For the average mobile health clinic, labor costs is about 90% of the overall expenses, compared to the cost of rent in other models  
In a mobile clinic, the costs for the payer is typically much less than typical clinics, with estimates of \$243 on average in a mobile clinic to \$1,879 - \$2,661 in a traditional clinic



### Increase health and productivity

Interventions to reduce pain, which physical therapists have knowledge and expertise in, can improve workplace productivity  
Return on investment for previous workplace interventions was positive within one year and saved an average of 246% in presenteeism benefits, translating to a median of \$158 per participant  
Average return on investment for a health clinic is \$12 to \$36 saved for every \$1 spent



### Benefits employers

Allowing pain to go untreated can turn presenteeism to absenteeism, resulting in missed time from work. Musculoskeletal pain is the 2nd leading cause of short-term or temporary disability, contributing to approximately 290 million workdays missed each year  
Integrating healthcare into employment settings has been shown to reduce overall health costs, amount of treatment visits needed, time missed from work, and presenteeism  
Employer-integrated healthcare for musculoskeletal issues saves employers an average of \$272 to \$630 per patient episode  
Improving employee moral and fostering feelings of respect and care from employers to employees reduced presenteeism and improves productivity



### Barriers to consider

Parking can be difficult to find, especially in urban areas, and must be arranged ahead of time  
Finding reliable internet access and power can be an issue, as most mobile clinics run on generators that are more prone to a loss of power than traditional buildings  
Clinic space is limited and generators cause increased noise in this space, which impacts the types of treatments that can be performed and ability to hold confidential patient-provider conversations

## References

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