Tim Hain’s site <https://dizziness-and-balance.com>

Gaze evoked nystagmus

<https://dizziness-and-balance.com/practice/movies/gaze/Gaze%20evoked%20nystagmus%20short.mp4>

Unilateral impairment - neuritis

<https://www.balancemd.net/vestibular-neuritis.html>

Slow VOR and head thrust (normal response, then HTT example)

<http://www.youtube.com/watch?v=BmNCEhN61gM>

Positive head thrust tests

This one is played in slow motion, so make sure you watch the “regular speed” one too to get the right speed of head movement <http://www.youtube.com/watch?v=-fs20vQnNzA>

<http://www.youtube.com/watch?v=rr-MFxDcwWs> This pt demonstrates an easily detected positive HTT

1- Some animations of what happens during BPPV –these are the coolest animations ever – with “real” vestibular system anatomy – they run fine with VLC player.

<http://deedee.dbi.udel.edu/MichaelTeixidoMD/BPPV.html>

<http://deedee.dbi.udel.edu/MichaelTeixidoMD/flashmovies/bppv.swf>

2- Epley maneuver: this one is reasonable too even if its on FB AND the guy is wearing Duke shorts :)
<https://www.facebook.com/video/video.php?v=667697167414>

3- Video of torsional nystagmus during Dix-Hallpike
<http://www.youtube.com/watch?v=tXNCkF5IlyU>

4- Semont maneuver
<http://www.youtube.com/watch?v=IPUmDCyd5ZA>

5-Brandt-Daroff habituation exercises
<http://www.youtube.com/watch?v=voZXtTUdQ00>

6-Self-treatment – Epley (for someone with recurrent BPPV)
<http://www.youtube.com/watch?v=lh72suV2p20>

It may also help you to know that for the next in class exam, we typically only include content about vestibular exam (history, oculomotor and gaze stability, positional testing that we discussed today). You will have an opportunity in the balance lab that we do next week to also problem solve about how to apply this info too.

We save the treatment and problem-solving related to diagnosis for the take home exam - we know that this stuff is complex and hard to wrap your brain around, so we're happy to have you use all available materials to do that figuring.

Miscellaneous vids

<https://dizziness-and-balance.com/practice/nystagmus/gen.htm> Gaze evoked nystagmus video

<https://www.youtube.com/watch?v=VwmrjYuvqtQ> HINTS exam – screening to differentiate central from peripheral symptoms in acute vertigo with nystagmus

<https://www.youtube.com/watch?v=FFcO0F1Nees> Great resource – BPPV Flowchart Guide to Diagnosis & Treatment Selection